Education Week
Education Week began well with Minister Langbroek visiting our school as Principal for the Day. He undertook a tour of the school, watched our year 8 softball girls playing against Corinda State High School (and ultimately winning this game), addressed our assembly and presented certificates to students for 100% attendance and science competitions. He then made some paper cranes with our International students and enjoyed afternoon tea with some of our fantastic business supporters.

Throughout the week students and staff enjoyed additional activities such as science activities, “type off” in Business, national costume fashion parades, world news, talent quests and concerts. On Thursday night our school then went on to win one of the Education Queensland Showcase Regional Awards for community and partnerships. This means we progress to the state level later in the year. Thank you to all the staff and students who made Education Week 2012 such a resounding success.

Congratulations to Sam Lavea and Sime Fatafehi who were selected in the Under 16 Queensland Rugby League team, after playing in Melbourne last week.

Exams
Students will be undertaking exams during the next couple of weeks. Please ensure that your student brings the correct equipment to school to undertake their work and that they are at school on time to complete their exams. Only year 11 and 12 students who are completely up to date with their assessment and have parent permission letters returned to the school are permitted to remain at home to study during exam block.

Working Bee
On Saturday 16 June our school is having a working bee from 9.00 am to 1.00 pm. Please let us know if you are able to attend and support this initiative – “many hands make light work”. We will be gardening, cleaning, painting and undertaking many other small tasks that can be shared. Please contact Sue at the school office (3323 8111) to let us know you are coming so that we can ensure there is sufficient food for lunch.

50th Anniversary Celebrations 2013
Please contact us if you are a past student of Sunnybank State High School.

Diane Hicks
Principal
LOTE CHINESE
Education Week 2012
The beautiful Chinese costumes for dressing up were ready, the scripts for speaking in Chinese were ready... for all to learn and have some experience in Chinese culture and language during the show and tell session organised by the Chinese department for 2012 Education Week.
Nearly 200 enthusiastic students were welcomed into the school auditorium by lively Taiwanese lion and ribbon dancers. They then transformed themselves into traditional Chinese personalities - by means of innovative mix and match.
The fun did not stop when they made their debut self introduction in Chinese encouraged by patient tutors from the Chinese class. To reward their great efforts, participating students were given a treat - sampling the delicious Chinese dim sim/dumplings for an even more in-depth understanding of the Chinese culture.

ALLIED HEALTH FORUM
On 18 April, Mrs Drury and ten students attended the Princess Alexandra Hospital Allied Health Forum. Students learnt about the components of a career in Allied Health for the future. The students heard several speeches from the co-workers of the PA Hospital, revolving around Allied Health: Occupational Therapy, Physiotherapy, Physiology, Dieticians, Speech Pathology, Prosthetics, Orthotics, Pharmacy and Mental Health. At the end of the forum the students had the opportunity to participate and gather information regarding the Allied Health Industry at the trade fair, which was held at the hospital. The students were able to ask questions, collect brochures and participate in hands-on activities. Overall the students enjoyed themselves and learnt the aspects of working in Allied Health. This forum is a great addition to the Certificate II in Health Support Services course being studied only at Sunnybank SHS.

WOOLWORTH SHOPPERS
Earn and Learn
Sunnybank SHS is collecting stamps issued by Woolworths in an effort to raise funds for school equipment for our students to use. If you shop at Woolworths please collect any stamps offered to you and ask your student to drop them off at student services. Your assistance would be greatly appreciated.

BUSINESS AND COMPUTER EDUCATION
Griffith Business Year 12 Program
This year, ten year 12 Business students were selected to attend the Griffith Business Year 12 Program for 2012. This program provides year 12 Business students with an opportunity to experience university first-hand. The aim of the program is to help students make the transition from school to tertiary studies. Students selected courses from three strands: Management, Accounting or Economics. Nine students chose the Management strand and one student chose the Accounting strand. The program is a blend of QSA and Griffith University curriculum. Students attend lectures and tutorials, work in groups and complete assessments. Students who pass their assessments will be guaranteed automatic entry into any business course at Griffith University.
Lectures were held at the Nathan campus on 16 February and 24 April and the lectures were enjoyable and informative. At first we were shocked by the university experience but we adapted very quickly and found the campus provided a tranquil environment in which to work. We were able to socialise with students from many other schools across Brisbane.
All of the students involved would like to thank Griffith University for making this excellent experience available and for providing a lovely morning tea and lunch. Our sincere thanks also go to Mrs Moodley for co-ordinating this activity. We feel extremely privileged to have had the opportunity to be part of such a well organised program.

Type-Off
As part of Education Week celebrations at Sunnybank SHS a Type-Off competition was organised to identify and reward some of our students with excellent keyboarding skills. The students completed two timed five minute tests and the work they produced was marked according to the Australian standard which requires a minimum of 98% accuracy in order to pass. The following students were recognised on assembly on 28 May. A special mention must be made of Kimberlina Howard and Reena Morar for outstanding achievement again this year.
Year 9 Champion: Meleika Gesa-Fatafehi
Year 10 Champion: Milton Tran
Year 11 Champion: Kenny Lee
Overall Runner-up: Reena Morar
Year 12 and Overall Champion: Kimberlina Howard

Mr Christie
Year 9 Coordinator

Narelle Stable
HOD – Business and Computer Education
HOME ECONOMICS
The Home Economics department has been buzzing with excitement all year as students are busily working on their practical endeavours! The year 8 groups this year are working with enthusiasm in the kitchen and textiles rooms. Their skills are quickly growing and they are displaying confidence in their use of machinery and equipment. Pizzas will be coming home to year 8 Food Studies families this week as they complete their assignments. The year 8 Textiles students have made hacky sacks, book marks and are currently completing their apron assessment.
Year 9 Food Studies students are busily preparing for their themed Tea Party, preparing meals for students in the school. Sign up sheets are outside the Home Ec staffroom. Please feel free to add your name, for a gold coin donation.
Senior students have been working collaboratively across the curriculum to complete saleable items for the recent local elections. We sold out by morning tea, due to the high quality of goods and visual appeal. Items included bag tags, coffee cosies, cupcakes, cookies and recipe books.
Year 12 Hospitality is running a Coffee Shop each week, selling coffee and cake to the staff in the colder months. As you can see, it is “all hands at the wheel” in the Home Ec department. Please feel free to grab a complementary recipe sheet each week from the Home Ec noticeboard. This week, we have delicious recipes suitable for athletes!
We would like to say “thank you” to the students for their fine attitude and remind them to be persistent as they prepare for the busy end to this semester. Keep up your good work and aim high!

Mrs R Pedler, Mrs J Drury,
Mrs E Garbutt and Ms K Chataway
Home Economics Team

COMMUNITY NOTICES
Mt Gravatt Blue Light Dance Party
The next Dance Party is Friday 1 June, from 7.00 pm to 9.30 pm, at Mt Gravatt PCYC, 90 Klumpp Road, Upper Mt Gravatt, next to the Hibiscus Centre. The dance is for children aged between 7 and 14 and the cost of entry is $5. Great prizes to be won. Please bring along school identification as proof of age may be required before entry. For more information please contact the Sunnybank School Based Police Officer, Senior Constable Shane Stanley on 3323 8106.

New Basketball Club - Rochedale Wildcats
Located at Rochedale State School, we are looking for players for our under-16 boys and girls teams. For more information, phone Robert Timms 0411 062 301 or Chris Brown 0413 003 770.

Anyone for tennis?
Remar Tennis Academy is now managing the Sunnybank High School tennis courts. Interested in hiring the courts? Please call 3345 9620 to make a booking. Available for only $10 per hour. If you are interested, tennis lessons are also available.

A GOOD NIGHT’S SLEEP
A good night’s sleep is essential for good health. Sleep is when our body repairs itself physically and mentally. Inadequate sleep leaves us drained, fatigued and irritable, so concentration levels drop. Instead of studying or getting on with our working day, we want to sleep. It is not uncommon to occasionally have difficulty sleeping. This can be for many reasons, for example:
- Environment – noisy, too hot/cold, uncomfortable bed
- Mental health – stress, anxiety, depression
- Physical health – discomfort, pain

Often environmental factors are easily addressed. Tips for sleeping (establishing good habits):
- Only go to bed when you are sleepy.
- Go to bed and wake up at the same time every day (sets your body clock).
- Do all the same things before you go to bed every night e.g. have a shower, brush your teeth and then go to bed.
- Try to make your room comfortable - light/dark, warm/cool.
- Don’t drink stimulant drinks (tea, coffee or energy drinks) for at least three to four hours before bedtime as these will keep you awake.
- Exercise during the day and not late evening as increased stimulation may keep you awake.

If you cannot sleep because you are stressed, worried or are experiencing physical pain or discomfort, seek help early. Speak with parents, caregivers or school staff, including student services.

Turn off all IT gadgets. You do not need to be available to friends 24/7 - get some sleep and discover the latest news from your friends, face to face, the next day. If you listen to music in bed try keeping the volume low and listen to soothing music if at all possible.

Good Health
Maggie Kerr, School Based Youth Health Nurse

CADETSHIP PROGRAM
Are you planning to study a Business/Commerce degree at University next year? KPMG is holding a Cadetship Program information session:
When: 5.00 pm to 6.30 pm, Tuesday 5 June
Where: KPMG, Level 16, Riparian Plaza, 71 Eagle Street, Brisbane
RSVP: By Friday 1 June to laurenmurray@kpmg.com.au

NEWSLETTER AVAILABLE VIA EMAIL
Parents wishing to receive the school eNewsletter please contact Bronwyn Webb - bwebb4@eq.edu.au and notify her along with your details.

ADVANCE NOTICE OF IMPORTANT DATES

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| June 19    | • Inter-House Field Carnival
|           | • P&C Meeting 7.00 pm                     |
| June 22    | • Rewards Day                              |
|           | • Last day of term 2                      |